

KELLI POST

KEYNOTE SPEAKER • MINDSET COACH • WORKSHOP FACILITATOR

“Your thoughts are not just thoughts. They are instructions.”



Positive thinking without conscious thinking is just wishful thinking.

Kelli Post teaches audiences to notice the thoughts already running their lives — and to consciously choose new ones. The framework isn't theory: she started over at 27 with two children and rebuilt a career from three sales in three months to fourteen years in the top 2% nationally. She speaks with vulnerability, humor, and the authority of someone who used it.

SIGNATURE KEYNOTE

Piece by Peace: Transform Your Life

Most people have been told to think positive. Very few have been taught to notice what they're actually thinking. Kelli shows audiences the difference — and how to use it before they leave the room.

RECOGNIZE

The thoughts quietly running their lives

REFRAME

Resistance as confirmation, not a stop sign

CHOOSE

New thoughts, consciously, in real time

SPEAKING PILLARS

RELATIONSHIPS

How you think about connection, conflict, and worth shapes what you experience — long before words are spoken.

CAREER & PURPOSE

Your beliefs decide what you pursue, what you tolerate, and whether the work feels like yours.

MONEY & SELF-WORTH

How you value yourself affects what you allow, receive, and sustain financially.

“Her natural ability to connect with people, motivate them, and help them move forward makes her especially well suited to being a motivational speaker. Any organization, audience, or individual would be fortunate to have Kelli in their corner.”

SHARON LICHTENBERGER

Director, Hospital Publications

Full keynote (60–70 min) • Condensed keynote (20 min) • Workshops • Corporate training
Kansas City metro • Available nationally, in person or virtual



Ready to Book Kelli?

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WATCH THE REEL
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